

Melody for the Mind



**Come to our informal singing group,
open to all and designed
to boost mood and wellbeing.**

**Enjoy refreshments and a chat,
followed by singing in a relaxed environment.
All sessions are dementia friendly.**

There is no charge for this activity.

**Carers are asked to remain on the premises
during this activity.**

**First Friday of every Month
10.30am - 11.30am**

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